

THE MINI-SCROLL

A PUBLICATION OF OHEV SHOLOM TALMUD TORAH CONGREGATION

18320 Georgia Avenue P.O. Box 1227 Olney, MD 20832
PHONE: 301-570-8663 FAX: 301-260-2040 WWW.OSTTOLNEY.ORG

Parshas Re'eh

Mazel Tov to the entire family on the Bar Mitzvah of Reuven Gold.

Everyone is invited to a Kiddush and Luncheon in Reuven's honor following davening.

Gala Shalosh Seudos sponsored by Jonathan and Shayna Gold in honor of Jonathan's father, Dr. Gold, receiving Smicha.

Friday Aug 6	Shabbos Aug 7	Sunday Aug 8	Monday Aug 9	Tuesday Aug 10	Wednesday Aug 11	Thursday Aug 12					
Shacharis 6:30 am Mincha 6:45 pm Preferred Candle Lighting by: 7:15 pm but not earlier than <u>6:46 pm</u> Krias Shema should be repeated after: <u>8:50 pm</u>	Parsha Class 8:15 am Shacharis 8:50 am Classes (see below) 6:10 – 7:10 pm Mincha 7:10 pm Shalosh Seudos 7:45 pm Maariv 8:59 pm	Shacharis I 7:30 am Shacharis II 8:30 am Mincha 7:50 pm Followed by Maariv Krias Shema should be repeated after: <u>8:50 pm</u>	Shacharis 6:20 am Mincha 7:50 pm Followed by Maariv Krias Shema should be repeated after: <u>8:50 pm</u>	Rosh Chodesh Shacharis 6:15 am Mincha 7:50 pm Followed by Maariv Krias Shema should be repeated after: <u>8:50 pm</u>	Rosh Chodesh Shacharis 6:15 am Mincha 7:50 pm Followed by Maariv Krias Shema should be repeated after: <u>8:50 pm</u>	Shacharis 6:20 am Mincha 7:50 pm Followed by Maariv Krias Shema should be repeated after: <u>8:50 pm</u>					
<table><tr><th>COMMUNITY INFO</th></tr><tr><td>•If you want to sponsor a Kiddush please contact Chava Elbaum at celbaum@gmail.com or 301.570.0763.</td></tr><tr><td>• Do you know someone who needs help with meals or in other ways? Sisterhood wants to help. Please contact Rachael Shields at 301.260.1866</td></tr><tr><td>• To schedule a Mikvah appointment, please call (301) 774-2880 and leave a message. (This is a confidential dedicated phone line.) Messages are checked every night at 10:00 p.m. and returned the following day. Questions concerning the Mikvah should be directed to Gershona Marcus at (301) 570-8156 or (301) 460-5385.</td></tr><tr><td>• Lost and Found Notice- All items left in the JFC will be declared Hefker/ownerless each Rosh Chodesh. Please check for personal belongings at the bottom of the lower level staircase.</td></tr></table>							COMMUNITY INFO	•If you want to sponsor a Kiddush please contact Chava Elbaum at celbaum@gmail.com or 301.570.0763.	• Do you know someone who needs help with meals or in other ways? Sisterhood wants to help. Please contact Rachael Shields at 301.260.1866	• To schedule a Mikvah appointment, please call (301) 774-2880 and leave a message. (This is a confidential dedicated phone line.) Messages are checked every night at 10:00 p.m. and returned the following day. Questions concerning the Mikvah should be directed to Gershona Marcus at (301) 570-8156 or (301) 460-5385.	• Lost and Found Notice- All items left in the JFC will be declared Hefker/ownerless each Rosh Chodesh. Please check for personal belongings at the bottom of the lower level staircase.
COMMUNITY INFO											
•If you want to sponsor a Kiddush please contact Chava Elbaum at celbaum@gmail.com or 301.570.0763.											
• Do you know someone who needs help with meals or in other ways? Sisterhood wants to help. Please contact Rachael Shields at 301.260.1866											
• To schedule a Mikvah appointment, please call (301) 774-2880 and leave a message. (This is a confidential dedicated phone line.) Messages are checked every night at 10:00 p.m. and returned the following day. Questions concerning the Mikvah should be directed to Gershona Marcus at (301) 570-8156 or (301) 460-5385.											
• Lost and Found Notice- All items left in the JFC will be declared Hefker/ownerless each Rosh Chodesh. Please check for personal belongings at the bottom of the lower level staircase.											

Shabbos class schedule

- 6:10 – 7:10 1.) Sanhedrin Shiur - *Rabbi Milikowsky*
 2.) "The Path to Our Return" - *Rabbi Fink (Living room)*

❖ **NO YOUTH PROGRAMMING FOR THE MONTH OF AUGUST**

❖ **Women's fitness shirium** see attached flyer for details

OSTT - OLNEY PRESENTS

Women's Health & Fitness Shiur Series



For Women 40 and over, almost 40, or who will be 40 one day!

Shiur introductions by Denise Katz

Making time for fitness

Presented by Shevi Kurcfeld: Sunday August 15, 10 am
4109 Morningwood Drive, Olney, 301-570-8634

Get insight on how you can incorporate fitness into your life,
even if you have a busy schedule

Starting a fitness program

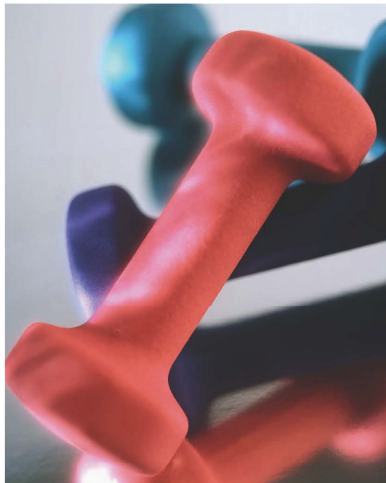
Presented by Wendy Tobb: Sunday August 22 at 10 am
2219 Carter Mill Way, Brookeville, 301-570-5702

Come and hear practical advice on starting a fitness
program and get a tour of Wendy's gym & exercise
equipment

Health issues faced by women 40 and over

Presented by Karin Rosenthal: Sunday August 29, 10 am
18685 Queen Elizabeth Dr, Brookeville 301-774-8005

Get information on various health issues facing women as
we age and how to counteract/address them



For more information or to RSVP
contact
Denise Katz

Phone: 301-570-9544
Email: dkharmony2002@yahoo.com

***Being healthy is a
Torah Value***

