



REFRESH YOURSELF

A DAY FOR THE JEWISH WOMAN'S MIND, BODY AND SOUL

Featuring *Shira Smiles*

MAINTAINING THE SPIRITUAL SPARK
SEIZING THE MOMENT
THE PRECIOUS BOOK

Mrs. Smiles is well known for her special teaching style, which seeks to bring understanding of Torah texts through analysis of tens of relevant sources, while making the lessons learned from every verse relevant to her students' lives in her shiurim.

WORKSHOPS TO INCLUDE:

Beauty & Styling • Couponing • Health & Fitness
Photography • Time Management

BZ Cosmetics will be for sale! 10% off all products and FREE shipping for all orders placed at event!



RSVP TODAY

www.tinyurl.com/refreshyourself

For more information

301-442-9912 or RefreshYourselfEvent@gmail.com

Sunday, July 22, 2012

9:00 a.m. – 4:00 p.m.

Pearlstone Conference & Retreat Center
5425 Mt. Gilead Road • Reisterstown, Maryland

STANDARD REFRESHMENT PACKAGE

Early Bird Special: \$45

After July 11th: \$55

Price includes breakfast and lunch

ULTIMATE REFRESHMENT PACKAGE

Early Bird Special: \$75

After July 11th: \$80

Receive a massage and gift basket

Walk-ins welcome • \$60 at the door

Presented by the women of:

The Jewish Family Connection

Ohev Sholom Talmud Torah Congregation of Olney

The Samuel and Zehava Friedman Kollel of Metropolitan Washington

Sponsors:

Denise and Micah Katz & Family • Jill and Lee Michaels & Family