

## OSTT - Tisha B'Av Schedule 5782/2022

### Shabbos, August 6

|   |                |
|---|----------------|
| <b>"A Meaningful Fast"</b> Class w/ Rabbi Ben-Horin   | <b>5:45 PM</b> |
| <b>Mincha</b><br><i>There will be no seuda shlishit in shul</i>   | <b>6:30 PM</b> |
| <b>Fast begins</b>  | <b>8:14 PM</b> |
| <b>Shabbat Ends</b><br><i>Say "baruch hamavdil bein kodesh l'chol" and remove leather shoes. Those fasting do not recite havdala; If you will not be in shul, bless "borei meorei ha'eish" on a flame</i> | <b>8:58 PM</b> |
| <b>Maariv w/ Eicha &amp; Kinnos</b>   | <b>9:10 PM</b> |

### Sunday, August 7

|   |   |
|---|---|
| <b>Shacharit</b> <i>Without tallis and tefillin</i>   | <b>9 AM</b>   |
| <b>Kinnos with Commentary</b><br><i>Will be livestreamed osttolney.org/zoom</i>                   | <b>Following shacharit until approximately 12 PM</b>                        |
| <b>Learning</b>   | <b>Following kinnos</b>   |
| <b>Chatzot/Mid-day</b><br><b>After chatzot one may sit on regular chairs</b>                      | <b>1:13 PM</b>  |
| <b>Video for Children</b> <i>(Chafetz Chaim Heritage Foundation)</i>                              | <b>1:30 PM</b>  |
| <b>Videos for Adults</b><br><i>(Chafetz Chaim Heritage Foundation)</i><br>\$10 Suggested Donation | <b>3 PM Program A</b><br><b>5 PM Program B</b><br><b>7 PM Women's Panel</b> |
| <b>Mincha</b> <i>With tallis and tefillin</i>   | <b>7:45 PM</b>  |
| <b>Kumzitz</b>  | <b>Following Mincha</b>   |
| <b>Maariv</b>   | <b>8:45 PM</b>  |
| <b>Fast Ends</b>  | <b>8:58 PM</b>  |

## Laws of Shabbat Chazon (the Shabbat which immediately precedes Tisha B'Av)

### Before Shabbat / Shower and Clothing

1. One who showers every Friday in honor of Shabbat may do so in the regular manner on erev Shabbat during the nine days.
2. Rama records a custom to not wear Shabbos clothes on *Shabbat Chazon*. Most have the custom to wear Shabbos clothes as usual.
3. One may wear freshly laundered clothes on Shabbat.
4. One may not wear new clothes on Shabbat Chazon, unless they have nothing else to wear.
5. When Tisha B'Av is on Sunday, all agree that it is permissible to cut nails during the preceding week.

### During Shabbat

6. One may eat meat, drink wine, and sing as usual throughout Shabbat Chazon
7. We do not have the standard *seudat mafseket* (eating a plain meal on the floor in solitude, etc.) on Shabbat, since public mourning is forbidden.
8. One may eat third meal as usual and bentch with a zimmun.
9. Be sure to stop eating and drinking by sunset (8:14 PM - Olney MD 2022)
10. One should not remove shoes, change clothing, or make any other outward preparations for Tisha B'Av until nightfall (8:58 PM - Olney MD 2022)

### After Shabbat / Havdala

11. After nightfall (8:58), one should say "*baruch hamavdil bein kodesh l'chol*" (blessed is the One who distinguishes between the holy and the mundane) and then remove their leather shoes and change into regular clothing.
12. During maariv, we say *Ata Chonantanu* during the Silent Prayer, like on a regular Motzei Shabbat. One who forgot this, or a woman who does not pray maariv should say *baruch hamavdil bein kodesh l'chol* before performing any melacha.
13. We do not recite the standard havdala on Motzei Shabbat. Only the blessing of Borei Meorei Ha'eish is recited (in shul, this is done before Eicha).
14. On Sunday night after nightfall we recite havdala with only a cup of wine/grape juice, but not a candle or *besamim* (fragrance).
15. An adult who needs to eat on Tisha B'Av should recite the regular havdala on a cup of grape juice before eating. In this case, they should not repeat havdala after Tisha B'Av.