Hamas announced a Day of Jihad. In response, join people around the world for a

Global Day of Loving-Kindness **Sunday October 22nd**

Stand with Israel and help us in #fightinghatewithlove

Change the world:

Clean up after yourself • Smile and say hello to strangers • Visit a local elderly home or hospital • Tutor a peer • Donate money to charity • Volunteer at a local food bank or homeless shelter • Donate blood

Lead the charge:

Buy someone else a meal • Organize a blood drive • Run a can drive or clothing drive • Pick up trash in your neighborhood • Raise money for charity • Organize a community event • Think out of the box and come up with your own ways to make the world a better place!

Challenge your friends and share videos of you changing the world through loving-kindness with the hashtag #fightinghatewithlove to spread the message!

Ouestions? Don't hesitate to reach out to us at ADayOfLovingKindness@gmail.com. **Want to collaborate? Visit:** https://bit.ly/global-day-of-loving-kindness





























